

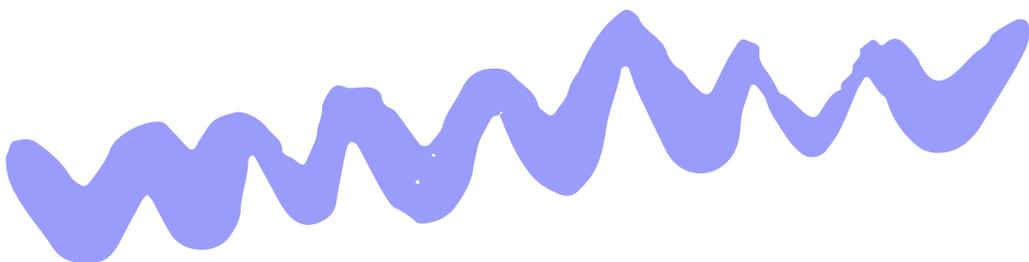


# **Self-Esteem Activity**

**Please enjoy the book, "I Like  
Myself" by Karen Beaumont.  
Click HERE for the link.**

**The next page is an activity  
page you can do with your child  
to help foster positive self-  
esteem.**

**Enjoy,  
Mrs. Engler**





# **I Like Myself!!**



**Draw a picture of yourself.**

A large, empty rectangular box with a thick black border, intended for drawing a picture of oneself.

**Draw a picture of  
something you are good at.**

An empty rectangular box with a thick black border, intended for drawing a picture of something one is good at.

**Draw a picture of something  
you like.**

An empty rectangular box with a thick black border, intended for drawing a picture of something one likes.